## **Anything Technical - Training Courses**

## Course Day 1. Ski and Snowboard Technician Course: Beginners.

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The first course for ski and snowboard technicians is aimed at either complete beginners or those who have dabbled with basic repairs but are not sure whether their technique is up to scratch.

We go straight back to basics and start with an understanding of bases, edges and constructions, explaining the effect different materials will have on performance.

Look closely at what happens to the equipment once you start to use it, then explain how the base and edges will deteriorate if you do not maintain the edges and wax the base on a fairly regular basis.

Learn how to ascertain what type of servicing is required.

Demonstrate how to service skis and boards from start to finish either manually or by using machinery.

## Itinerary:-

- 1. Ski/board make up including edges, bases and constructions.
- 2. Workshop set up including benches, machinery and racking.
- 3. Base preparation, scraping, filing and cleaning.
- 4. Gouge filling using candles through to extruder guns and base patching.
- 5. Base and side edge sharpening and detuning.
- 6. Introduction to belt sanding. Base and side edge grinding including health and safety.
- 7. Waxing theory and practise. Cold and hot wax application and advantages.
- 8. Binding mounting and adjusting. Drilling, gluing, screwing and adjusting.
- 9. Setting up different brands and models of bindings including release settings.

The course is a mixture of theory and practical. The practical sessions are quite limited so if you would prefer more practical time it would be worthwhile attending course 2 on the following day.